



Naturfrella

MENU

Your Destination for Delicious
Plant-Based Food, Guilt-Free Desserts,
and Specialty Coffee



Stauffacherstrasse 102, 8004 Zürich

TUESDAY – FRIDAY

BREAKFAST & LUNCH

Naturella Breakfast Platter.....15

Croissant, peanut butter, berry jam, mini yoghurt, fresh seasonal fruits,
2 dl orange juice

Acai bowl.....17,50

Creamy acai smoothie topped with granola, sliced banana, freeze-dried
strawberries, peanut butter and popped quinoa

Add ons: Pea protein +3
Roasted peanuts +2
Coconut flakes +2
Cacao nibs +2

Cinnamon Roll Dream.....12

Warm cinnamon roll with creamy custard and apple slices

Avocado Bagel.....12

Rustico bagel with vegan crème frache, sundried tomatoes and sprouts

Smoked “Salmon” Bagel.....12

Rustico bagel with vegan crème frache, smoked “carrot salmon” and sprouts

Daily Soup11.90

Ask our staff for the flavour

Buddha Bowl.....18

Brown rice, asian style planted duck, spinach, carrot, wakame salad, mango, red
cabbage, pickled ginger, tahini-lime dressing

**A variety of sandwiches, pastries, salads and gluten-free sweets in
our display. Have a look!**

SATURDAY BRUNCH

Naturella Breakfast Platter.....15

Croissant, peanut butter, berry jam, mini yoghurt, fresh seasonal fruits,
2 dl orange juice

Breakfast Bowl.....16

Overnight oats with coconut yoghurt, pistacchio mousse, coconut flakes and your
choice of fresh pear or plum

Add ons: Granola +3
Raw pistacchio +3
Protein powder +3

Acai Bowl.....17,5

Creamy acai smoothie topped with homemade granola, sliced banana,
freeze-dried strawberries, peanut butter and popped quinoa

Add ons: Protein powder +3
Cacao nibs / Coconut flakes +2
Roasted peanuts +2

Cinnamon Roll Dream.....12

Warm cinnamon roll with creamy custard and apple slices

Smoked "Salmon" - Avocado Bagel.....17

Rustico bagel with vegn crème frache, spinach, smoked "carrot salmon", avocado,
cucumber, sprouts

Pink Hummus Toast.....15

Two slices multigrain bread with beet hummus, cucumber and pickled onion.

Add on: Avocado +3,5

BUBBLES

Prosecco 1 dl.....8,5

Mimosa 1,5 dl.....10,5

Chai Spritz 2,5 dl.....14

**A variety of sandwiches, pastries and gluten-free sweets in our
display. Have a look!**

DRINKS

Non-Alcoholic

COFFEE

Espresso / Doppio	4.00/4.50
Espresso Macchiato	4.50
Americano	5.00
Cappucino	5.50
Flat White	6.00
Café Latte	6.50
Iced Latte	6.50
Moccha	6.50
Extra Shot Espresso	+1.00

NON-COFFEE

Matcha Latte /iced or hot/	6.00
Chai Latte /iced or hot/	6.50
Dirty Chai Latte/iced or hot/	7.00
Golden Latte	6.50
Hot Chocolate	6.50
Loose leaf tea /bio/	6.00

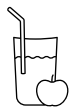
Peppermint, Camomile, Fruit Tea, Jasmin,
Rooibos, Black tea, Green tea,



DRINKS

Non-Alcoholic

SOFT DRINKS



Homemade Kombucha 0,2l	5.80
Orange juice 0,2l	5.00
Nycha Kombucha Ginger 0,33l	5.80
ChariTea Mate Bio 0,33l	5.80
ChariTea Mint Bio /sugar-free/ 0,33l	5.80
Lemonaid Maracuja Bio 0,33l	5.80
Züri Water 0,35l / 1 l	2.00/5.00

SMOOTHIES



0,3 l

Peanut Protein Bomb

9

Banana, date, peanut butter, pea protein, almond milk

Tropical BIO

9

Mango, pineapple, maracuja, acerola, coconut milk

Green Power BIO

9

Mango, apple, spinach, broccoli, avocado, spirulina

Acai Bliss

9

Acai, blueberries, dates, almond milk

Add on: Pea protein +3



DRINKS

Alcoholic

WINE



From Villány, HUN

0,1 l

0,75 l

White Irsai Oliver

8.00

54.00

Rosé

8.00

54.00

Red Kánon Cuvée

10.00

62.00

Cab. Sauv., Cab. Fr., Merlot

BEER (BOTTLED)



Züri-Hell 0.33 l

7.00

Tegernseer Hell 0.5 l

8.50

SPARKLING & COCKTAILS



Posecco 0.1 l

8.50

White Wine Spritz

12.00

Rosé Spritz

12.00

Aperol Spritz

14.00

Hugo

14.00

Chai Spritz

14.00

